



Course Notes for Lumbar Spinal Stenosis

by William E. Morgan

Primary Cited Research Articles:

1) The boot camp program for lumbar spinal stenosis: a protocol for a randomized controlled trial:

<https://chiromt.biomedcentral.com/articles/10.1186/s12998-016-0106-y>

2) Comparative Clinical Effectiveness of Nonsurgical Treatment Methods in Patients with Lumbar Spinal Stenosis:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6324321/>

3) Pathophysiology, diagnosis and treatment of intermittent claudication in patients with lumbar canal stenosis:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4017306/>

Narrated Animations from Lumbar Spinal Stenosis:

Lumbar Spinal Stenosis | Dr. William E. Morgan

<https://youtu.be/rCOSVJXdoEg>

Diurnal Effect | Dr. William E. Morgan

<https://youtu.be/6sDkoydh7nY>

Lumbar Spinal Stenosis | Mechanics | Dr. William E. Morgan

https://youtu.be/Ya_nEFKJpHg

Spondylolisthesis | Dr. William E. Morgan

<https://youtu.be/fiGMJJZ42H8>

Discogenic Pain | Dr. William E. Morgan

<https://youtu.be/YPGmTKAca8Y>

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